SPA Menu Treatments

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TREATMENT OFFER MAY VARY AT EACH WELLNESS CENTER, PLEASE CHECK AVAILABILITY IN THE PRICELIST. CONTENT

Da ljepoti d.o.o. is operating wellness & spa centers chain -Yes to beauty, Balance Spa, Places Spa and Blue Spa, located in Croatia and Austria. We offer integrated beauty program featuring exclusive face and body care treatments, signature rituals, treatments for children, as well as a wide selection of different massage techniques.

Highly trained therapists, educated at the Yes to Beauty Wellness Academy, use a range of quality and luxury wellness products of tested quality, some of which are: the spa & beauty brand **Omorovicza**, the awarded luxury spa brand Natura Bissé, the innovative Italian beauty brand Diego Dalla Palma Professional, the organic brand for pedicure and manicure BCL, and many others.

We choose only the best products for our clients. The products are available in the retail corner of the spa center, allowing you to continue your spa experience at home.

ABOUT US

Treatment prices are listed in our pricelist. Treatment offer may vary at each wellness center, please check availability in the pricelist.

CONTENT UPGRADES BRANDS CONTACT ABOUT US MASSAGES SIGNATURE FACE HANDS & FEET KIDS

MASSAGES



BLUEF!T RELAX 25/50/75 min

This massage provides relaxation. Laid-back and relaxing, just like the Mediterranean lifestyle, this massage relaxes your body and mind with carefully crafted undulating motions.

STRESS RELIEF 25/50/75 min

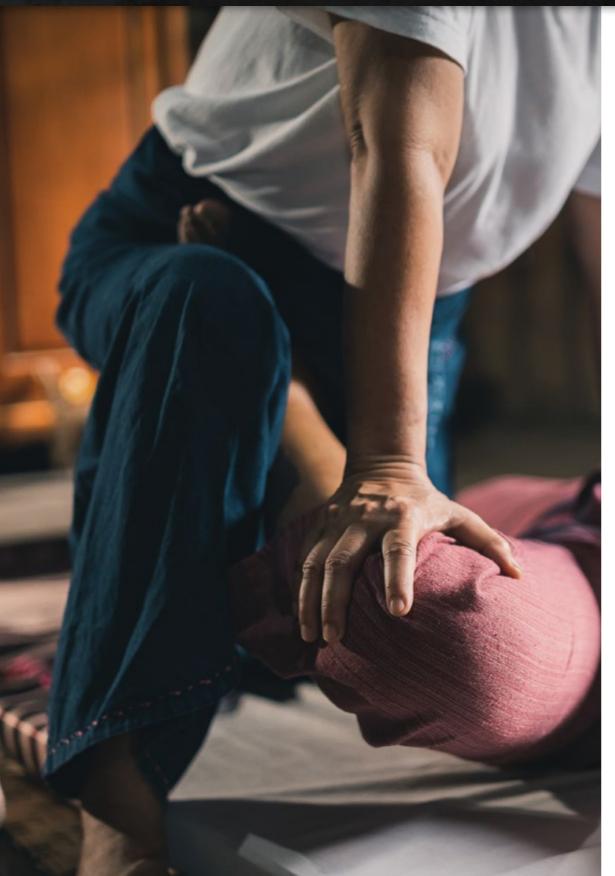
Relax, invigorate and detoxify yourself. This treatment takes care of your painful areas. Efficiently releases tension in parts of the body where it is most frequent, such as your back.

BLUEF!T SPORT 25/50/75 min

More profound pressure and specific technique with stretching. This therapeutic massage improves circulation and eases muscular discomforts.

FOOT REFLEXOLOGY 25 min

A targeted, pressure-point feet massage that restores the flow of energy throughout the body. According to traditional Chinese medicine, the pressure points that the pressure is applied to correspond to different areas of the body, so they can help reduce stress and pain, aid digestion and promote quality sleep.



TRADITIONAL THAI 50/75/100 min

As a non-medicinal remedy and manual therapy it involves bodily manipulation in which the therapist helps to rebalance the patient's body, energy and structure, to treat illnesses believed to be caused by the obstruction of energy flow along 'sen', lines understood to crisscross the human body. Choose between traditional full body massage with or without oil.

Thai massage is part of traditional Thai medicine, it works the body energetic pathways. Including point pressure, palm press, finger press and stretching in many different position, it increases range of motion in your joints and muscles. If we add organic oils we can achive deeper massage that will boost your energy and you will feel rejuvenated.

RECOMMENDED HOME CARE

Three ORIGINAL THAI BALMS 50g are designed for a specific need to eliminate joint pain, aches and bruises or muscle inflammations.





SIGNATURE FACE HANDS & FEET KIDS UPGRADES BRANDS CONTACT

SHIRODHARA 75 min

Relaxing treatment that includes a relaxing massage while slowly pouring medicinal oil on the forehead in a thin, continuous stream.

The warm oil flows in a thin stream over the forehead and hair, focusing on the area between the eyebrows, and collects in a container under the head.

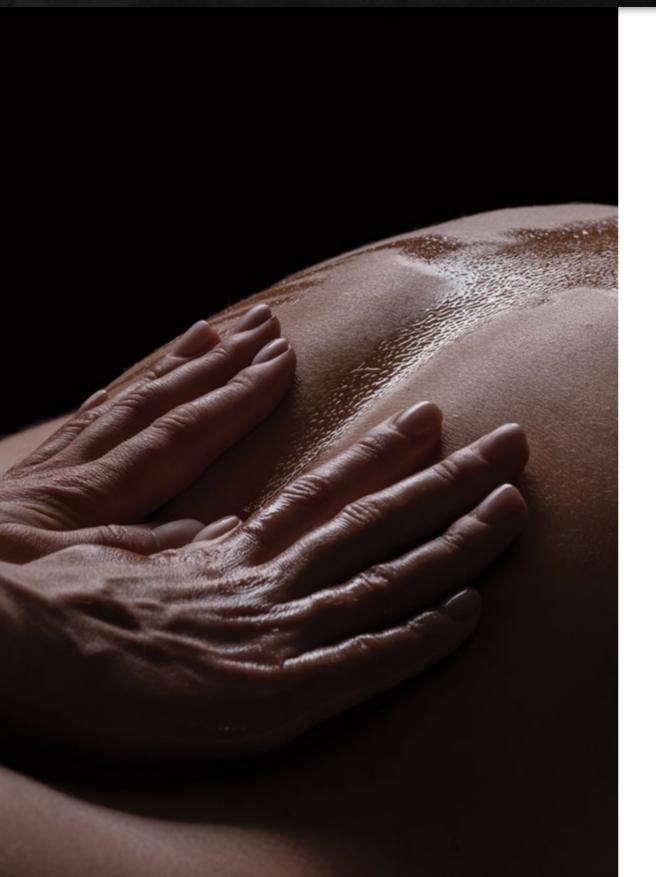
The gentle pressure of the oil flowing down the forehead, head and hair creates a vibration that enables the body, thoughts and nervous system to experience a deep state of rest, most similar to that achieved through meditation. The stream creates friction and electrical impulses that are transmitted to the brain, stimulating the production of dopamine, serotonin and endorphins. It also affects the glands with internal hormone secretion and balances the entire hormonal system.



AYURVEDA HARMONY FOR BODY & MIND 75 min

Ayurvedic massage is based on Indian medicine. By clearing blockages in the energy system (chakras), it enables body balance.

The massage has a deep relaxing effect. It acts on all tissues, organs, channels and revitalizes them. The treatment is done with different types of warm oils, using a special technique that uses a combination of deep treatment of acupressure points and relaxation of the body using lymphatic drainage.



MEDITERRANEAN ENERGY BOOST 75 min

Long, gliding strokes that improve circulation combined with deep tissue massage and full body reflexology. Reduces pain and muscle tension, while slow and deep strokes offer greater stress and pain reduction and improved sleep.

A total of 35 points are treated on the foot, which stimulate the organs and remove toxins from the body. Pressing the points on the shin relaxes the shin muscles and the tension in the Achilles tendon. Proper processing of the outer side of the upper leg muscle fascia reduces the tension in the knee and hip.

HOT STONE 75 min

This massage is used to help ease tense muscles and damaged soft tissues throughout your body. Smooth, flat, heated volcanic stones are placed on specific parts of the body.

After the stones heat the muscles the massage begins, as warmed muscles help to improve the benefits of this massage. It can help relieve muscle tension and pain, reduce stress and anxiety, promote sleep quality, increase joint flexibility and many more.

RECOMMENDED HOME CARE

THE WARMING GEL 150ml - Thermoactive ingredient in this gel stimulate the skin and help relax body tensions or discomforts, ideal before physical activity.

THE CRYO-GEL 150ml - Intense cold effect helps relieve the sensation of fatigue in some areas of the body. Ideal to relax heavy legs on hot days, during pregnancy or after a physical activity.



FOR TWO

CONTENT



UPGRADES

KIDS

Choose your favorites from our massage offer and share the moment in our room for two! Shirodhara is not available as a couples option.

ROYAL PAIR CHILD & PARENT 50 min

Parent and child share a wonderful relaxing massage in a doble room that includes Sweet dreams massage for the child using organic honey-vanilla scented Rêve d'ange and Stress relief massage for the parent. The massage takes care of your painful areas. Efficiently releases tension in parts of the body where it is most frequent, such as your back.

SPA ROMANTIC HARMONY 120 min

50' of stress relieving massage for two, that will take care of your painful areas and efficiently release tension in parts of the body where it is most frequent, along with sparkling wine, water bed and private spa time.

ROMANTIC GETAWAY 180 min

75' Mediterranean energy boost massage including long, gliding strokes that improve circulation combined with deep tissue massage and full body reflexology. It is followed by water bed, private spa time, sparkling wine and fresh fruits. US MASSAGES

SIGNATURE

SIGNATURE EXPERIENCES

OMOROVICZA GOLDEN BODY 75 min

KIDS

Dazzling as it is, gold is a mineral with proven antiinflammatory properties, it helps to heal daily inflicted micro-damages and to revitalise the skin. This treatment involves an invigorating exfoliation with golden sugar scrub, to help improve circulation, and a soothing massage with an oil redolent of ylang-ylang and enriched with gold particles. Guaranteed to leave the body softened, hydrated and radiant.

OMOROVICZA QUEEN EXPERIENCE 135 min

A ritual that includes a relaxing full body massage and exfoliation with golden sugar peel. This luxury full body scrub incorporates a combination of gold extracts and sugar to heal and revitalize the skin.

Followed by Omorovicza Gold Hydralifting - a replenishing facial ideal for dry or damaged skin with lack of firmness and elasticity. It harnesses the skin-strengthening power of colloidal gold, an anti-inflammatory ingredient to restore and repair the skin's barrier, make it firmer and younger looking.

RECOMMENDED HOME CARE

GOLD SUGAR SCRUB 200ml -Body scrub that uses fair-trade cane sugar to refine the skin by sloughing off dead skin cells. Colloidal gold strengthens and repairs the skin. More info

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CONTENT ABOUT US MASSAGES SIGNATURE FACE HANDS & FEET KIDS UPGRADES BRANDS CONTACT





Neuroscience confirms that Natura Bissé spa treatments boost self-esteem and **improve well-being by nearly 70%**.

The brand Natura Bissé presents an exhaustive study carried out in collaboration with Starlab, a research institute specializing in neuroscience, and the University of Murcia, an ally of EuniWell – the European University for Well-Being.



PROVEN BY NEUROSCIENCE

NATURA BISSÉ C+C CITRUS ESSENCE 75 min

Anti aging and revitalizing vitamin boost that visibly improves firmness, luminosity and radiance.

This antioxidant treatment includes body scrub and body massage. It will restore vitality to sun-damaged skin and help minimize signs of premature aging with an infusion of collagen-boosting vitamin C. It restores natural glow, revitalizes, hydrates and provides a visible lifting effect. The result is firmer-looking, suppler and intensely luminous skin.

NATURA BISSÉ C+C ROYAL EXPERIENCE 125 min

The vitamin C ritual that restores radiance, diminishes the signs of aging and boosts your glow.

Powerful antioxidant treatment with pure vitamin C for face and body to target hyperpigmentation, protect against free radicals and intensely hydrate the skin. It deeply nourishes and firms, reveals luminous and smooth skin, provides relaxing and revitalizing sensation from head to toe. Immerse yourself in this citric experience and feel your skin and mood transformed.

MOM TO BE ORGANIC 50 min

Using organic oils, this massage nurtures the skin and soothes the body and mind. It improves blood flow, relaxes your leg and back muscles and reduces the appearance of stretch marks. Treatment includes a facial serum and final cream, chosen depending on the skin type and age. This is the perfect rejuvenating treatment to support the wonderful journey to motherhood.



NATURA BISSÉ SKIN COMFORT FOR SENSITIVE SKIN – 50 min

A calming, firming, anti-inflammatory treatment for even the most sensitive skin. Helps soothe skin conditions such as red spots, dilated capillaries or irritations. The perfect combination of botanical ingredients and precise massage maneuvers will minimize the appearance of signs of aging and to pamper all skin types. Includes gentle, yet effective cleansing and toning ritual, prickly pear and papaya enzymatic exfoliant, neuropeptide concentrate with Arnica montana, calming lifting massage and soothing hydrating mask.

It will help calm even the most irritated skin, contribute to reduce redness and inflammations, preserve skin's natural hydration levels, provide maximum relief and comfort, restore balance and reveal smooth and luminous skin.

NATURA BISSÉ OXYGEN FRESH WAVE PURIFYING, MOISTURISING & REVITALISING – 25 min

This purifying and supremely hydrating skincare ritual infuses your skin with a radiant glow to help minimize the appearance of imperfections and restore vitality, even for the dullest complexions. It's perfect for frequent flyers and urbanites.

RECOMMENDED HOME CARE

NB·ceutical ROSA MOSQUETA OIL WITH TAMANU OIL 30ml - Intense nourishing formula. This multi-use oil intensely and deeply hydrates, while helping diminish the appearance of signs of aging, skin blemishes and imperfections.



NATURA BISSÉ C+C VITALITY BOOST ANTI AGE & BRIGHTENING – 50 min

Citrus aromatherapy ritual for radiant skin. This treatment uses the C+C Vitamin collection to return vitality and suppleness to skin aged by the sun, that looks dull, or shows signs of sagginess.

It includes a multiple amino acid cocktail to illuminate and fade the appearance of signs of aging. Includes citrus aromatherapy, relaxing and cleansing massage, gentle and effective exfoliation, 6% ascorbic acid firming and antioxidant concentrate, anti aging and sculpting massage, firming and hydrating citrus soufflé mask and hand and arm massage.

A true firming and antioxidant treatment that will provide luminosity and revitalisation to the skin, intensly hydrate, smooth, even the skin tone and make it luminous.





Luxury brand that started in Barcelona in 1979 with a clear purpose: to take care of people's skin and their sense of wellbeing at every stage of life. They blend innovation, pioneering technology and high concentrations of active ingredients with deep emotional sensitivity and the power of touch.

WORLD'S BEST SPA BRAND - for four years in a row (2018, 2019, 2020 & 2021), Natura Bissé has been named World's Best Spa Brand at the prestigious World Spa Awards[™], an organization born to become a benchmark in the wellness sector.



RECOMMENDED HOME CARE -

C+C VITAMIN 20% ANTIOX SOLUTION 30ml - Firming serum with vitamin C, all benefits of vitamin C raised to maximum potency. Helps diminish signs of aging, enhances luminosity while helping diminish spots and even skin tone.



ABOUT US MASSAGES SIGNATURE FACE HANDS & FEET KIDS UPGRADES BRANDS CONTACT



NATURA BISSÉ INHIBIT FACE LIFT ADVANCED ANTI AGE & LIFTING – 75 min

An advanced line-smoothing ritual that effectively minimizes the appearance of wrinkles, correcting treatment for global skin rejuvenation - INHIBITS, FILLS, LIFTS AND REFORMS.

This treatment features products from the Inhibit collection, which help relax lines and wrinkles. Includes master cleansing technique, intensive but delicate exfoliation, advanced technique facial massage and an activating massage with anti wrinkle ultra-concentrate with relaxing neuropeptides, among other anti aging ingredients, and finally repairing and hydrating mask with filling effect based on hyaluronic acid and LED mask.

Effectively corrects and fades away wrinkles and expression lines, visibly fills skin from within, providing volume and elasticity. Significantly smoothes and softens skin texture, renews and brightens complexion. Highly regenerating, reforms skin structure, provides instant powerful tightening action and exceptional hydration. Enhaces and prolongs the effect of micro-injections and other medi-aesthetic procedures.

RECOMMENDED HOME CARE

INHIBIT TENSOLIFT NECK CREAM 50ml - Micro-lifting for neck and décolleté. Lifts, hydrates, fills and evens skin tone. It prevents sagginess, minimizes wrinkles effectively and makes the skin of this delicate area firmer, suppler and more luminous.



KIDS



INTRACEUTICALS OXYGEN INFUSION OXYGEN DEVICE - INTENSIVE HYDRATATION, ANTI AGING & REVITALISATION – 50 min

Innovative facial that uses a compression device to deliver oxygen under high pressure to the skin. Using Natura Bissé Diamond Extreme and C+C Vitamin products, this treatment will provide intensive hydration in the deeper layers of the skin, reduction of fine lines and wrinkles and reduction of acne breakouts as it uncloges pores, removes dirt and sebum. It also provides skin with peptides and antioxidants that penetrate deeper into the skin.

Starts with double cleansing followed by exfoliation, then a jet of high-pressure air is applied to the skin using the device. After oxygen removes dead skin cells and impurities from the surface of the skin, the therapist uses the device to inject a hydrating anti-aging serum.

The result is brighter and more radient skin.

RECOMMENDED HOME CARE

DIAMOND EXTREME SERUM 40ml -Energizing rejuvenating serum created to complement the skin's natural cycles of rebalancing during the day and replenishing at night for extraordinary cosmetic effects.

DIAMOND EXTREME EYE 25ml - Multiaction eye cream that energizes, powerfully hydrates, and minimizes the appearance of wrinkles, providing flexibility and firmness.



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FACE TREATMENTS by Omorovicza

OMOROVICZA GOLD HYDRALIFTING ANTI AGE & SOOTHING – 75 min

UPGRADES

Replenishing facial ideal for dry or damaged skin with lack of firmness and elasticity. It harnesses the skin-strengthening power of colloidal gold, an anti-inflammatory ingredient to restore and repair the skin's barrier, make it firmer and younger looking.

After a double cleanse and mild exfoliation to encourage cell renewal, golden mask provides an instant lift and deep hydration. Three forms of hyaluronic acid and bio-available gold plump, nourish, soothe skin and repair micro-damages. Finally, the therapist stimulates cell renewal and collagen production with an authentic Hungarian facial massage, instantly lifting and firming skin.

OMOROVICZA DEEP CLEANSING DETOXICATING DEEP CLEANSING FACIAL – 75 min

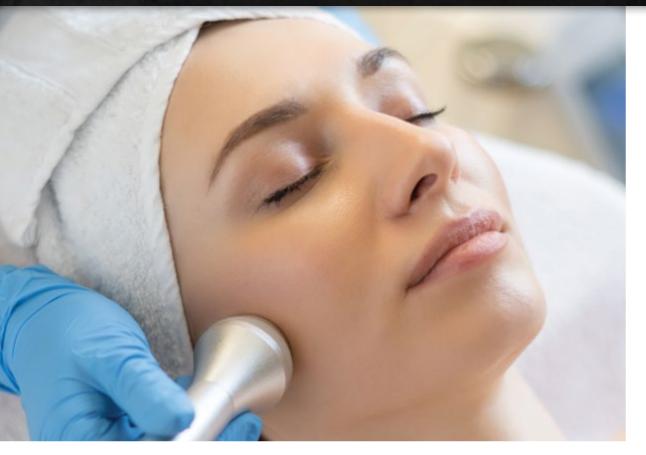
This treatment stars mineral rich Hungarian Moor mud, working to detoxify, clear congested skin, and draw out impurities, while maintaining hydration levels.

After a neroli scented double cleanse and mild exfoliation, Deep Cleansing Mask, creamy and cooling, rebalances and purifies, attracting impurities like a magnet - revealing a refined complexion. Finally, the therapist will stimulate cell renewal and collagen production with an authentic Hungarian facial massage, instantly lifting and firming skin.



GOLD HYDRALIFTING MASK 50ml - Rejuvenating flash-mask for instant lift. Harnessing the curative power of colloidal gold, it assists skin renewal and creates a sensation of instant tightening.





Omorovicza,

The Omorovicza journey began when the **healing properties** of Hungary's thermal waters were discovered. Because of the unique geological features of the region waters absorb beneficial minerals more effectively and that unique mix of minerals and trace elements make them incredibly healing.

With Hungarian Laboratory of dermatology they incorporated the properties of the healing waters into a skincare range. **Patented complex - Healing Concentrate**TM, used in products, delivers the therapeutic minerals to the deepest layers of the skin.

The results are nothing short of extraordinary: firmer, suppler & younger looking skin.

OMOROVICZA BLUE DIAMOND ANTI AGE & MOISTURISING - 75 min

Harnessing the cell-energising power of diamond peptides, this revitalising facial is ideal to brighten and firm skin concerned with sensitivity and a lack of vitality: restoring skin fitness, it encourages skin to behave as it did in its youth.

Starts with a double cleanse and enzymatic peel specially formulated for sensitive skin to brighten the complexion and refine skin texture. Then a rose-scented mask plumps, nourishes and restores the skin barrier. Finally, the therapist stimulates cell renewal and collagen production with RF treatment and an authentic Hungarian facial massage, instantly lifting and firming skin.

RECOMMENDED HOME CARE

BLUE DIAMOND RESURFACING PEEL 50ml - AHA peel to refine and brighten stressed/lacklustre skin. This peel is simultaneously lightening, brightening and firming.



MASSAGES SIGNATURE



GENTLEMAN'S MANICURE

This gentle hand treatment begins with a salt hand bath. Exfoliation with organic sugar scrub then helps to remove superficial dry skin. A hand massage ensures a moment of profound relaxation. Cuticles and fingernails are then pampered and treated.

GENTLEMAN'S PEDICURE

Foot care for enjoyment and well-being – starting with a salt footbath. Exfoliation with organic sugar scrub and a chemical peel then helps to remove superficial dry skin. A foot massage with gentle pressure then provides relaxation and stimulation. Finally, cuticles and nails are pampered and treated.

SPA MANICURE

KIDS

This gentle hand treatment begins with a salt hand bath. Exfoliation with organic sugar scrub then helps to remove superficial dry skin. A hand massage ensures a moment of profound relaxation. Cuticles and fingernails are then pampered and treated. Finally, nail polish will complete this all-round treatment.

SPA PEDICURE

Foot care for enjoyment and well-being – starting with a salt footbath. Exfoliation with organic sugar scrub and a chemical peel then helps to remove superficial dry skin. A foot massage with gentle pressure then provides relaxation and stimulation. Cuticles and nails are pampered and treated. Finally, nail polish will complete this all-round treatment.



- ADDITION TO MANI & PEDI

SHELLAC

Instead of regular nail polish, upgrade your manicure or pedicure with removal or application of permanent Gelosophy nail polish by Astonishing Nails.

KIDS SPA by Nougatine

CONTENT

ABOUT US

MASSAGE

NOUĞATINE

A brand of skin care of natural origin for children and preteens to meet the needs of children and make them want to take care of their skin.

- **Respect for the skin**: the skin of children is more fragile and requires suitable products to protect it.
- **Dermatologically tested**: all products are dermatologically tested and are formulated with carefully selected high-quality ingredients.
- Made in France: all products are designed and manufactured in French laboratories.
- Respect for animals: products are entirely CRUELTY FREE.

SWEET DREAMS MASSAGE 25/50 min

Gentle massage of the scalp, neck and shoulders with organic honey-vanilla scented Rêve d'ange.

NOUGATINE PURETÉ FACIAL CARE 50 min

Facial care for teens over 10 with skin problems related to puberty. Includes double cleansing with cotton candy face wash and micellar water. A candy apple double action facial scrub is followed by a purifying charcoal mask. Finally, skin is moisturized with candy apple scentedmattifying hydrating fluid.

REST SWEETLY PRINC OR PRINCESS 50 min

A complete ritual that includes relaxing Sweet dreams massage and nourishing luxurious facial skin care treatment.

TREATMENT UPGRADES

Natura Bissē

DIAMOND WELL-LIVING

THE DRY OIL DETOX ACEITE SECO CORPORAL PURIFI PURIFYING DRY BODY OF

> Alga marina y chia Marine seaweed and ch

NATURA BISSÉ OIL

Choose between three specific dry body oils with 95% ingredients of natural origin:

- FITNESS comforting oil with peppermint and eucalyptus will help relieve tension and make any residue of heaviness disappear.
- DETOX purifying oil with seaweed and chia that eliminates toxins and purifies your body to restore a fresh, healthy look.
- DE-STRESS relaxing oil with lavender and grape seed soothes the mind like a gentle breeze, the body will feel relaxed and the mind will will feel calmer.

DIEGO DALLA PALMA MASK

Serum-infused facial sheet mask:

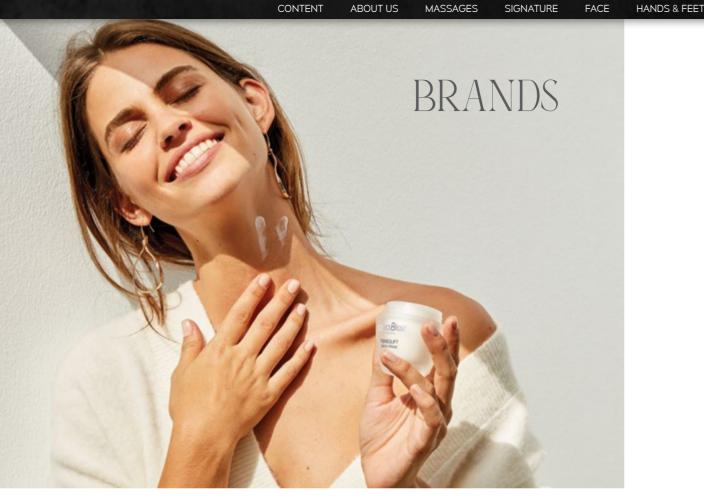
- ICON TIME GOLD SUPERMASKTM hydrating antiwrinkle mask with intensive smoothing action enriched with golden pigments, hyaluronic acid and vitamin C.
- FILLIFT SUPERMASK[™] intensive plumping lifting effect mask that reduces even the deepest wrinkles with it's botox-like action, enriched with innovative neuropeptide -Amplified BTX.

THAI BALM

Choose between three warming original Thai balms with traditional blend of natural ingredients including herbs, essential oils, spices and other plant extracts. Skin care effect through jojoba oil, shea butter & beeswax.

- LAVENDER
- JASMINE
- · ROSE

Upgrades are available as addition to a treatment, not as a treatment itself.



Omorovicza,

Luxurious brand that incorporates healing properties of Hungary's thermal waters. They incorporated the properties of the healing waters into a skincare range. Patented complex used in products delivers the therapeutic minerals to the deepest layers of the skin making it firmer, suppler and younger looking.



Multiple awarded as World's best Spa brand, it's rethinking beauty since 1979 in Barcelona. They blend innovation, pioneering technology and high concentrations of active ingredients with deep emotional sensitivity and the power of touch.

Diego dalla Palma

UPGRADES

A very refined Italian brand that combines skills and expertise that bring together the typical Italian glamour and the soundness of scientific research.

BRANDS

CONTACT



KIDS

A complete manicure and pedicure system with Certified Organic ingredients, free from sulfates, parabens, GMOs, phthalates, and harsh preservatives.

MY THAI MASSAGE

Specially created Thai products for use in massage with various therapeutic properties to efficiently relieve muscle soreness with the heating sensation.

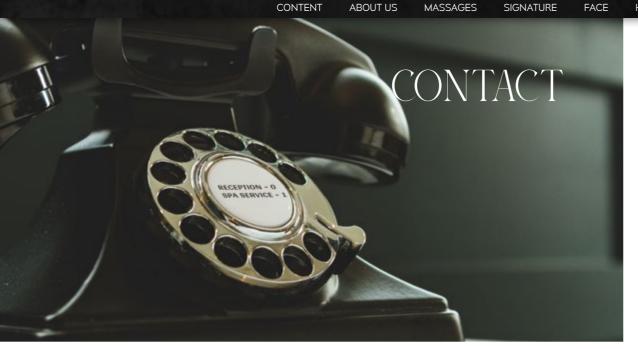
Astonishing

Brand with innovative professional gel & acrylic systems. Each product is meticulously researched and tested before it reaches the beauty professional. Products offer an outstanding adhesion to the natural nail and are nonyellowing.

NOUGATINE

First and only brand of skincare for children with the CRUELTY FREE label. It is a range of natural products of very high quality with ingredients and fragrances from funfair-like ice cream flavours. All the products are made in France.

Check out the whole retail offer in our <u>RETAIL MENU</u>



Headquarter



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Our winter spa locations



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VALAMAR OBERTAUERN Obertauern, Austria obertauern@yestobeauty.hr +43 6456 7235181

Our summer spa locations



KIDS

UPGRADES



















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Your spa experts